

## Editorial

### Mohammad Bagher Owlia

Professor, Department of Internal Medicine, School of Medicine, Shahid Sadoughi University of Medical Sciences, Yazd, Iran

### Editor in Chief

We are proud to announce the launching of the first international journal related to bone and joints and rheumatic diseases affiliated to Iranian Rheumatology Association (IRA).

It's my great pleasure co-founding the first Iranian rheumatology journal after almost 30 years of rheumatology fellowship programs in Iran [1]. This journal provides a forum for both academics and practitioners in the field to publish their works and more importantly novel ideas.

The purpose of this first editorial is to introduce journal of "Rheumatology Research" (RR) to all rheumatologists and orthopedic surgeons who love research and like thinking "out of the box" and to discover new horizons in the field.

We also honored having some distinguished international rheumatologists including; Professor Oliver Distler, Professor of Inflammatory Rheumatology, Division of Rheumatology, University Hospital Zurich, Zurich, (<http://www.med.uzh.ch/UeberdieFakultaet/fakultaetsmitglieder/distleroliver.html>), Doctor Andrew Östör, Director of the Rheumatology Clinical Research Unit at Addenbrooke's Hospital, Cambridge, United Kingdom, (<http://www.immunology.cam.ac.uk/directory/ajko2@cam.ac.uk>) and Professor Johannes J Rasker MD PhD, Rheumatologist, Emeritus Professor, University of Twente <http://www.utwente.nl/bms/pgt/en/emp/rasker/> with us along with brilliant Iranian pioneers in the field.

RR will publish not only original works, but also case studies, clinical images and novel ideas. We invite pioneers to provide us with their great opinions and ideas to be a base for novel works by acting researchers.

The main purpose of launching RR is to incorporate

the fields of general rheumatology with sub-specialties of vascular rheumatology, clinical immunology, myology, osteology, orthopedics, rehabilitation, rheumatology and nursing. We also welcome scientists who work related to other aspects of human locomotion system and connective tissue diseases. We would like to make all of our readers, feel free to announce their ideas.

I think one of the major threats of medical universities is to "follow" classic medicine instead of "creating" innovative one. Two major missions of universities are education and research I think. Unfortunately these two goals are overshadowed by busy practice and in some exceptional instances academic misconduct and economic pressure even in some European countries [2-5]. One of the major deficits of universities in developing countries is lack of idea of training students, residents and fellows in order to boost their abilities to discover the hidden facts behinds diseases or conditions and to challenge others' ideas. In contrary, most of academics in developing countries trained to think "within the box", in other words relying only on traditional/ modern text books. Most of graduates used to approach as and adhere to ideas of "prestigious names" rather than training and learning "academic behavior" to make good academic habits.

We should remember the "golden triad" of evidence based practice which emphasizes on incorporation of *the best evidence, physician expertise* and *patients' preference* as the pillar of standard practice. In developing countries again, clinicians usually ignore the critical role in creating and developing the clinical and basic evidence per se. So, quality studies are sometimes replaced with voluminous low quality duplicate works and "big bad data" with biased results<sup>6</sup>. More importantly we have to emphasize thinking about

\* Mohammad Bagher Owlia, Email: [owlia@ssu.ac.ir](mailto:owlia@ssu.ac.ir), Tel: +98 353 8224001, Fax: +98 353 8224100

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the validity of old and even current concepts in clinical issues and preventing blind teaching in training programs [7].

We should also revisit most popular values; many valuable and novel ideas has been never globally published or get published with low chance of frequent citations [8]. On the other hand we see some authors

who select and follow hot topics for better marketing and citation while the philosophy and main aim of research is to solve an important problem and to fill the knowledge gap not to boost the resume!

RR team is going to promote quality researches via organizing and publishing novel ideas and high quality papers after careful peer review and editorial process.

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